

Welcome to the December 2022 edition of the Daisy Chain, our newsletter about what we've been up to and what's going on in our community. It's been a while since our last newsletter, but now Covid is settling into a general part of life, it's onwards and upwards with our news and happenings!

This is a very special edition of the Daisy Chain, as it comes just ahead of our six-year anniversary, on the 12th December. How time flies! We started off on a laptop in our living room, typing out all visit lists and rotas on Microsoft Word, and now we have a fully-functioning office, a computer each, and management software that enables us to sort out the rotas and visit lists without having to type them all out!

I hope that this newsletter finds you all well, and that you enjoy having a peruse through the happenings of Teign Angels Ltd over the past few months!

Joseph Clark-Skinner
Office Manager

### Welcome to Sandi

Teign Angels Ltd are very pleased to welcome our new Office Administrator, Sandi, to our team! Sandi is already proving an invaluable support in the office, and is keeping all of our filing and archiving systems up-to-date. Welcome Sandi!





#### The Year in Bloom

Both the allotment and the garden outside the office produced some beauties this year, like these flowers in Lola's Planter. Dawn's been busy turning some homegrown produce into all sorts of foods and preserves. Tomato chutney, sweet chilli jam, homemade tomato soup, rhubarb crumble...it's been a marvellous year for Dawn's family!

## Kim got an ology!



On 21<sup>st</sup> July 2022, **Kim Bedford** completed her NVQ Level 3 in Adult Care. She has worked incredibly hard for it, and we all said we could see how she was applying what she was learning to her work.

We held a secret graduation ceremony to present her with all of her coursework and certificate bound together, and a silver scroll containing her certificate, engraved with a message of congratulations. However, we wanted to keep it a surprise, so Kim thought she was coming in to do training!

We're all incredibly proud of Kim, and whilst she says she had help along the way, it was her work and dedication that meant she passed. Congratulations Kim, and thank you for your passion and dedication to your job – now to put your scroll pride of place on your shelves, as a reminder of what you've achieved!

## Ian the Penguin

Our office has been joined by a very special new addition: Ian the Penguin. Ian sits on Joseph and Dawn's desk, keeping watch over everything that happens and keeping us on track...!

lan was very kindly gifted by the spouse of one of our clients, who sadly passed away earlier this year, and we named the



penguin in his honour. Ian joins our collection of memorabilia that has been donated to us by clients and their families over the years, and he is already proving himself useful by providing some company for Joseph when he needs a disinterested party to talk through rota conundrums with!



# Staff Anniversaries in November/ December 2022:

On 2nd November, **Sandra** celebrated her 3rd year with us!

On 7th November, both **Teresa** and **Andrea** celebrated their 6th year!

And on 19th November, Julie celebrated her 6th year with Teign Angels!



Teign Angels turns 6 years old! Wow! It's been an absolutely amazing journey so far, on which myself, Dawn, Sophia and Julie have been lucky enough to have been joined by an incredible, dedicated group of people who share our ethos. In fact, just over half of our current staff team have been with us since the start!

We're very proud of the reputation that we have garnered over the years; even amongst community professionals such as OTs and district nurses, who recommend us to their patients who may need a bit of support throughout the day.

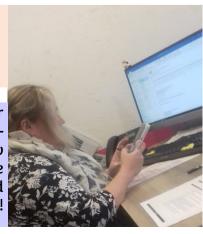
I also cannot express how much we appreciate all of the support and feedback we get from all of our lovely clients. We take the positive comments on board, as it means we're doing something right, so we continue to build on that; and we listen to any suggestions for improvement we get, and we look at how we can implement those improvements quickly and consistently.

# So happy 6 years, Teign Angels! And here's to many, many more!



Left: Maisie in her dog bed, just after we officially opened our office in October 2016.

Right: Sophia setting up her computer at her new desk, October 2016...we've had new handsets since then, but the one just behind Sophia's hand is now our master phone!









Left: Sophia strikes the pose in our office door, February 2017

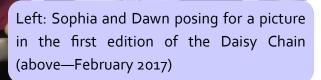
Above: Joseph and Julie's desk, with the first edition of the Daisy Chain being edited!

(February 2017)

# A few memories from the earlier days...

Right: the office had a visit from Mrs Tiggywinkle in July 2017!





## The Training Insider

All of our wonderful staff have to undergo regular training in order to safely carry out their jobs.

But what exactly are in these training sessions? Sophia, who delivers all of our in-house training, gives us a bit of insight into one of the training subjects:



Soph, what is covered in the Equality & Diversity training sessions?

Equality & diversity is a very fluid subject, and often goes where the individuals' training leads the conversation. The training is to help with understanding the laws and best practices around Equality, Diversity, Choice, and Control. But the crux of it all; everyone is an individual, and respect is key.

How often are our staff retrained in this subject following their induction?

This subject is covered every 3 years, but guidance is regularly changing. So, we tend to cover this subject all the time within all other training courses happening through the year.

Is there an example question from the sessions that you can give us?

"What assumptions do we make about people we have just met?"

# Out in the Community...





## Training by the Sea

Once a year, when she's not busy beavering away, Sophia delivers a Moving & Positioning training session for Exe Sailing Club's Sailability programme in Exmouth, to show volunteers how to help disabled sailors safely board and alight boats using hoists and other equipment and techniques. She did this in the early summer this year, and it went down a treat—just a few more months to go until she'll be delivering the 2023 session too!

## Kim's Sponsored Walk

On Wednesday 21st December, Kim will be completing a sponsored 5km walk with her dog Poppy, in order to raise funds for the NSPCC and Childline, and to help keep children safe this Christmas.





## Free MP3s from Purple Angels

The Purple Angel Dementia Awareness Campaign (which was formed by Norman McNamara, a Torbay man who was diagnosed with dementia at only 50 years old) has been running a free MP3 service throughout the Covid-19 pandemic, in which you can order a free MP3 player to be delivered to you, on which you or a loved one can play music. It is specifically designed to support those suffering with dementia, as 'Research has proved that music lights up more parts of the brain than any other activity known to mankind.' (quoted from the Purple Angels website)

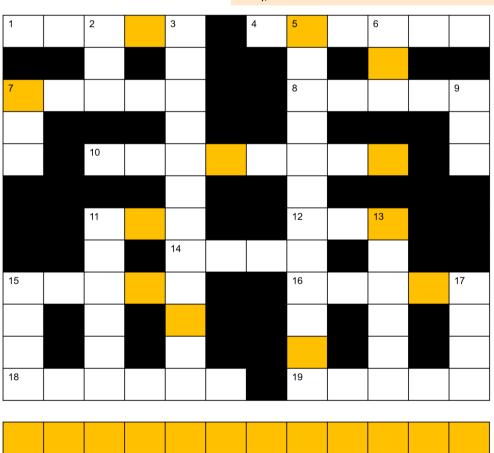


Down	Clue				
2	Swedish oven				
3	Giving a false show or pretence				
5	Lunar scientist				
6	Lower limb				
7	Hives				
9	Sound of cattle				
11	Antillean French, Bajan, Belizean, Guyanese, Tobagonian etc.				
13	Author of children's books				
15	Modern, Britain, Liverpool, St Ives				
17	To live happily after				

Across	Clue			
1	Signal to wake up			
4	First name of a footballer born in 1980, married a popstar			
7	Monkeys, necks, tacks			
8	Not warranting punishment by the police			
10	Cautiousness			
11	People wagon			
12	Throw			
14	In addition to			
15	Fashion, market, social media			
16	Singer of 'Don't It Make My Brown Eyes Blue', Crystal			
18	Solar, kinetic, light, atomic			
19	Pavarotti, Carreras, Domingo			

#### GOLDEN CELEBRITY CLUE

#### Fancy, known to be loud



## Why not have a go at these puzzles?

We will put the answers to these ones in the next edition of the Daisy Chain!

		4	7	1				
	7	2	8		6	5		
					5			7
	1		6	9		2		
3	9			5				
							8	5
		1	2	3		8		4
		3	5		4			2
2	4		9					

## Unscramble the celebrities!

Each of these anagrams spells out a celebrity's name when rearranged...

(punctuation not included!)

Sleepy Silver	
(the King)	
Enema? You Wish!	
(Is it Adele? NO, NO, NO!)	
'Barrow!' Said Bran	
(Get outta my pub!)	
Currey-Fried Med	
(Magician of sortsnot Paul Daniels)	
Tony Pollard	
(professional nail singer)	
Maundered Rupiah	
(Rebecca sat at an inn watching birds)	